



Basic Obedience Training

Remember:

- **Praise and encourage!**
- Make training sessions enjoyable for both you and your dog
- Train for at least **10 minutes a day**
- Use food, voice or toys to get your dog's attention before the command
- **Finish on a successfully completed exercise**
- Give actions and voice commands simultaneously



Training tips:

- Never continually pull the dog back on the lead
- Never pull back on the lead with quick, sharp actions giving the command *HEEL*
- If the dog continues to pull on the lead, change direction, again giving the command *HEEL* at the same time
- The lead should remain loose between the dog and hand. Your arm should be relaxed

SIT



1. Hold a food reward in your hand, in front of your dog's nose until he/she sniffs it
2. Motion the reward back over your dog's head
3. Say the word *SIT* using a normal voice as the dog's bottom hits the ground
4. Offer the reward

STAND



1. Begin with your hand in front of your dog's nose
2. Sweep your open hand down along the side of the dog until you are holding them under their groin area
3. As the hand is moving, say word *STAND* using a steady, extended voice

Training should always be fun for both you and your dog.

Don't forget to **PRAISE, PRAISE, PRAISE!**



1. Place your dog in a *SIT*
2. With a food reward in your hand, hold the reward in front of your dog's nose until he/she sniffs it
3. Motion the reward down to the ground and say the word *DROP* or *DOWN*
4. Offer the reward when the dog lies down



1. Stand on your dog's right side and keep the lead loose
2. Open your hand in front of your dog's face and give the command *STAY*
3. Step off on your right foot, turn around and face your dog
4. Repeat the word *STAY*. Follow with verbal praise
5. After a very short period, return to your dog's right side by reversing your previous steps
6. To release your dog from the *STAY* position return to their right side, step off with your left foot saying *HEEL*

TIPS:

- : Vary the length of time you leave your dog in the *STAY* position
- : Gradually increase the distance between you and your dog
- : If your dog breaks out of the position, quietly return to your dog immediately and start again. Reduce the distance if this continues
- : You may offer a food reward when the exercise finishes successfully



1. Stand on your dog's right side
2. Give the command to *STAY*, step off with your right foot and stand in front of your dog
3. In one action, run backwards raising your hands high in the air. Use a happy voice to say *COME*
4. When you stop, reward your dog when he/she is close to you
5. Give the command *SIT* and return to your dog's right side to finish

